Canada's health minister gives up smoking and announces meeting of health officers on smoking and health.

NEWS-FREE PRESS Chattanooga, Tenn. June 20, 1963

## Canada's Health Minister Gives Up Smoking

OTTAWA (AP) — Giving up smoking, says Canada's health minister Judy la Marsh, has its good moments and its bad.

"I feel better now when I wake up in the morning." she said. "But the rest of the day is awful."

A three-pack-a-day girl for 20 years, Miss La Marsh be-gan her abstinence last Sat-urday and showed no sign of weakening by today.

She took the step, she said, because she accepts the argument of a linkage between smoking and disease and felt she could not continue to smoke while advocating that others give it up.

Miss La Marsh has indicated the government will sponsor a conference in September with the likely aim of

publicizing information designed to discourage young-sters from smoking.

As for her own stop-smok-ing campaign, "I thought it would be agony all the time," she said. "But it's only when you reach for a cigarette— you have to say 'not that one' and do that from organette to cigarette."

Other members of parliament aren't helping any.

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"They've been sending me packages of cigarettes or envelopes with a cigarette inside," she reported. "When I leave the chamber, they offer me a place to smoke or remark that I'm sneaking out for a smoke."

And what does Prime Min-ister Lester B. Pearson—who must consider the tobacco tax revenue and tobacco workers' votes—think of her abstinence?

"He told me it was the best thing I could do," she said. "He gave them up five years ago."

DISPATCH St. Paul, Minn. June 19, 1963

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## Giving Up Smoking Good, Bad and Awful

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> THE NEW YORK TIMES New York, N.Y. June 18, 1963

## Canadian Leader Plans Anti-Cigarette Drive

Special to The New York Times
OTTAWA, June 17.— Cancada's health minister gave up
smoking today and promised
a program to curtail or eliminate the consumption of rigmetric as a "health heartd."
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Julia Veriyn Lassarsh, the 38-year-old Minister of Health and Welfare, said she smoked two packs of king-sized filter cigarettes a day before she decided to quit as an example for the nation. At the urging of the Ca-nadian Medical Association, Miss LaMarsh said she would

call a conference of provin-cial ministers of health and representatives of health agencies and the tobacco in-

agencies and the tobacco industry to discuss the anti-cigarette campaign.

Miss LaMarsh said she was impressed by evidence that smoking contributed to lung cancer and might also cause chronic bronchitis and coro-nary heart disease.

TIMES-DISPATCH Richmond, Va. June 20, 1963

## Health Official **Quits Smoking**

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